



**Surry County Office of Substance Abuse Recovery (SCOSAR)  
Fall 2025 Recovery Coach Training Cohort**

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## **Introduction**

The Surry County Office of Substance Abuse Recovery, Recovery Friendly Workplace Program and Piedmont Triad Workforce Development Board are excited to offer a training series for professionals and community members based on the gold standard of Recovery Coaching approved by the Connecticut Community for Addiction Recovery (CCAR). Training is provided by SCOSAR staff as a partner of the CCAR.



## **Overview of the Recovery Coach Professional (RCP) Process**

The Recovery Coach Professional (RCP) Designation requires sixty hours (60) of training, consisting of two required CCAR classes:

*The CCAR Recovery Coach Academy (30 hours) and the CCAR Ethical Considerations for Recovery Coaches (16 hours). As part of the Surry County Training Cohort the class Recovery Coaching and Professionalism (12 Hours) will be offered and an opportunity to obtain the RCP hours needed available online from CCAR. This combination of training will result in 60 hours of instruction.*

Upon completion of the 58 hours of Zoom based online training SCSOAR Staff will assist training participants to complete 2 additional hours of training and navigate the following requirements from CCAR. We encourage all participants apply for the Recovery Coach Professional (RCP) Designation including the following requirements - but this is not required to participate in the training series.

- Application & Experience: In the application, the candidates will describe their addiction recovery experience through a resume and/or a written summary.
- Interview: Candidates will have an interview with a panel comprised of CCAR leadership and RCPs.

***Our CCAR Recovery Coach Training is open to all!*** - people in recovery, families, friends, allies, ANYONE! Just like each of the CCAR Training programs. There is no prerequisite or lived experience required. Detailed information can be found at:  
<https://addictionrecoverytraining.org/rcp/>

## **Instructor Biography**

C. Jamie Edwards is Director of the Surry County Office of Substance Abuse Recovery and is a CCAR Recovery Coach Professional - Facilitator (RCP-F). He has worked in the field of addictions, counseling, human services and education since 1995.

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## Class 1 - Recovery Coach Academy (30 Hours Total)

### Meeting Dates

August 15 (6.5)  
August 22 (6.5)  
August 29 (6.5)  
September 5 (6.5)

*9:00 am to 4:00 pm, via Zoom. There is 26 hours via Zoom and 4 hours of independent work.*

The CCAR Recovery Coach Academy is a intensive training designed to provide individuals with an understanding of both the art and science of Recovery Coaching. Delivered in conversational environment the CCAR Recovery Coach Academy prepares participants to guide and mentor others in recovery from an addiction to alcohol and or other drugs. By focusing on the goals of the individual being served, participants will learn the key fundamentals of this rewarding work, which CCAR has identified as active listening, asking really good questions, and treating people as their own best resource, all while discovering and managing their own stuff.

Participants will:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical boundaries and issues
- Experience recovery wellness planning
- Practice newly acquired skills

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## Class 2 - Recovery Coach Professionalism (12 Hours Total)

### Meeting Dates

September 19 (5.0)  
September 26 (5.0)

*9:00 am to 2:30 pm Via Zoom.  
There is 10 hours via Zoom and 2 hours of independent work.*

As the demand for Recovery Coaches grown and their profound impact in supporting Recovery embraced, organizations search for candidates that can easily assimilate and demonstrate a high level of professionalism. This curriculum provides an overview of the professional

characteristics needed for success, while exploring the art and science of recovery coaching needed at such settings, including hospitals, treatment programs, court settings and more.

Participants will:

- Define professionalism in the field of recovery coaching
- Learn about and develop the various characteristics that a professional possesses
- Understand their personal accountabilities in their role as Recovery Coaches
- Learn the importance of the concept “stay in their lane” while working in a large system, like a hospital, court, and/or treatment system
- Reexamine the roles of a Recovery Coach and the boundaries required in professional settings
- Practice and demonstrate newly acquired skills

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## Class 3 - Ethical Considerations for Recovery Coaches (16 Hours Total)

### Meeting Dates

October 3 (5.0)  
October 10 (5.0)  
October 17 (5.0)

*9:00 am to 2:30 pm Via Zoom.*

*There is 15 hours via Zoom and 1 hour of independent work.*

Recovery Coaches play an important role in the recovery process by creating connections with those they serve in deeply meaningful ways. Through these connections, which may include the sharing of personal stories and elements of their own recovery journey, Coaches mentor and inspire those looking for, or are in recovery, with a great deal of success. With such responsibility comes the need for clear boundaries - both personally and professionally. This 16 hour training focuses on the ethical challenges Recovery Coaches face while providing a framework for creating good boundaries that allow for the same level of connection without causing harm.

Participants will:

- Define ethics and recognize the role ethics play when providing Recovery Coach Services
- Learn the importance of staying in your lane as a Recovery Coach
- Understand the decision-making process
- Develop guidelines for making ethical decisions
- Apply and practice the concepts presented

### Registration Process

Due to funding provided by a Appalachian Regional Commission (ARC) INSPIRE grant and Surry County Office of Substance Abuse Recovery, tuition, program fees and materials will be paid for all students. The cohort is limited to 24 individuals and requires a written commitment to complete all 58 hours of training. Students must attend all three trainings and complete the additional requirements as stated by CCAR to complete the cohort series.

Interested individuals should contact Jamie Edwards at [edwardsj@co.surry.nc.us](mailto:edwardsj@co.surry.nc.us) to discuss training expectations, access the application link and learn more.